



Communicating Boundaries

Situation #1: Anthony

Anthony really likes Kim. They live in the same neighborhood, so they are able to spend a lot of time together after school and on weekends. Last week, Anthony and Kim started kissing at Anthony's when no one else was home. Tonight, Kim invited Anthony to come over, so they could be alone. Anthony has decided that it isn't a good idea for them to be alone. Anthony wants to spend time with Kim, but not if they are alone. If you were Anthony, how would you communicate what you will and won't do? What would you say?

Kim tries to convince Anthony to come over. Kim insists on Anthony being there at 7:00. What three things can Anthony say to be heard?

Situation #2: David

David and his teammates have been getting together to give each other piercings. One teammate has experience with piercing and has supplies, so they go to his house. David's friends say that it is his turn next time, and they have invited him to a piercing party tonight. He knows that it is not safe to get a piercing, because sometimes needles are shared or aren't clean. David wants to go to the party, but doesn't want to get a piercing. If you were David, how would you communicate what you will and won't do? What would you say?

David's friends interrupt and start to laugh at him. What three things can he say to make sure he is heard?

Homework Assignment:

- Discuss the situations and possible responses with two trusted adults. One adult may be a parent or guardian; the other should be someone other than a parent or guardian.
- Ask each adult what they would say and record their ideas.
- Have each adult sign the worksheet.
- Bring the signed worksheet to class to earn credit.

Note to Parents and Adults Being Interviewed: The goal of this interview is to help the young person conducting the interview communicate personal boundaries on behavior. Knowing what you think about these issues will provide him or her with valuable information and will help him or her communicate about boundaries which will keep him or her safe.

1. Parent or Other Trusted Adult Signature _____
2. Other Trusted Adult Signature _____