

Lesson 1- The 411 on HIV and AIDS

- Objective: Students will be able to list the 4 bodily fluids HIV can be found in.
- Procedure- To be lectured on
 - Explain what HIV and AIDS is.
 - Human Immunodeficiency Virus causes HIV infection, which CAN eventually lead to Acquired Immune Deficiency Syndrome, AIDS.
 - How is HIV transmitted?
 - Students will learn about the four ways of HIV transmission. (I.E. Semen, blood, vaginal fluid, and breast milk)
 - What are symptoms of Infections with HIV?
 - Once HIV has destroyed many white blood cells, the body cannot fight off infections. Symptoms of illness appear, such as night sweats, weight loss, fever, and diarrhea. Sometimes severe symptoms, such as pneumonia or certain cancers, appear. It takes an average of ten years for this to happen.
 - What are other consequences of infection with HIV?
 - While a person with AIDS can live a long time, every day people with AIDS die. There is no cure, HIV is a terminal illness.
 - What is the testing, treatment, or cure for HIV?
 - Testing is available from your doctor, a clinic, or the local health department.
 - HIV infection can be treated, but not cured through expensive treatments.
 - How can HIV be avoided?
 - Abstaining from sex, not sharing needles, and avoiding blood and other body fluids from another person.
 - Leave time for questions about HIV and AIDS.
- Assessment- Have students answer this question on a sheet of paper to be turned in.
 - What are the four bodily fluids that HIV can be found in?