

Monday	Tuesday	Wednesday	Thursday	Friday
Cocoa Puff Cereal Bar Animal Grahams Apple Juice Fresh Orange 1% White Milk or 1% Chocolate Milk 2	ZZ Bar Blueberry Lemon Orange Juice Raisins 1% White Milk or 1% Chocolate Milk 3	Dannon Nonfat Creamy Yogurt Giant Cinnamon Goldfish Fresh Apple 1% White Milk or 1% Chocolate Milk 4	Double Chocolate Chip Muffin Teddy Grahams Craisins Apple Juice 1% White Milk or 1% Chocolate Milk 5	Cinnamon Chex Cereal Animal Grahams Fresh Banana Orange Juice 1% White Milk or 1% Chocolate Milk 6
Raisin Bran Bowl Animal Grahams Mandarin Orange Apple Juice 1% White Milk or 1% Chocolate Milk 9	ZZ Bar Cinnamon Diced Pear Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk 10	WG Bagel w/Cream cheese Fresh Apple 1% White Milk or 1% Chocolate Milk 11	WG Frosted Cinnamon Poptart Applesauce Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk 12	WG Blueberry Muffin Animal Grahams Fresh Banana Orange Juice 1% White Milk or 1% Chocolate Milk 13
Frosted Flakes Teddy Grahams Pineapple Tidbits Apple Juice 1% White Milk or 1% Chocolate Milk 16	Breakfast Nutrition Bar Orange Juice Mixed Fruit Cup 1% White Milk or 1% Chocolate Milk 17	Dannon Nonfat Creamy Yogurt Giant Cinnamon Goldfish Fresh Apple 1% White Milk or 1% Chocolate Milk 18	Trix Cereal Bar Animal Grahams Craisins Apple Juice 1% White Milk or 1% Chocolate Milk 19	WG Apple Roll Fresh Banana Orange Juice 1% White Milk or 1% Chocolate Milk 20
Cocoa Puff Cereal Bar Giant Vanilla Goldfish Diced Pears Orange Juice 1% White Milk or 1% Chocolate Milk 23	Cinnamon Toast Crunch Cereal Animal Grahams Apple Juice Fresh Orange 1% White Milk or 1% Chocolate Milk 24	WG Bagel w/Cream cheese Fresh Apple 1% White Milk or 1% Chocolate Milk 25	Smore Nutrition Bar Cinnamon Applesauce Cup Apple Juice 1% White Milk or 1% Chocolate Milk 26	WG Goody Bun Fresh Banana Orange Juice 1% White Milk or 1% Chocolate Milk 27
WG Frosted Fudge Poptart Orange Juice Mixed Fruit Cup 1% White Milk or 1% Chocolate Milk 30	ZZ Bar Apple Crisp Diced Pear Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk Happy Halloween! 31			



In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

Thought for Thought



Tips & Information

The city symbolically renamed Columbus Day as "Indigenous Peoples Day" beginning in 1992 to protest the historical conquest of North America by Europeans, and to call attention to the losses suffered by the Native American peoples and their cultures through diseases, warfare, massacres, and forced assimilation.

9/15/2023 7:55:35 PM

"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****